Cuyahoga County Women, Infants, & Children (WIC) Nutrition Program

WIC Provides Nutrition Education, Nutritious Foods, & Breastfeeding Support

To be eligible to participate in this nutrition education program you must:

- ♦ Be pregnant, breastfeeding or postpartum (having a baby less than six months old); OR
- Be an infant or child up to five years of age (up to the child's 5th birthday).

You must also:

- ♦ Have a nutritional need; <u>AND</u>
- ♦ Have household income that is less than or equal to the Ohio WIC program gross countable income guidelines for economic unit size provided in the following chart:

Ohio	Economic Unit (Family Size)		Annual Income	Monthly Income	Twice Monthly Income	Biweekly Income	Weekly Income	Hourly Wage: based on 40-hour work week
WIC Program		1	\$ 23,107	\$ 1,926	\$ 963	\$ 889	\$ 445	\$ 11.13
		2	31,284	2,607	1,304	1,204	602	15.05
	A pregnant woman	3	39,461	3,289	1,645	1,518	759	18.98
Guidelines	counts as two (2)A foster child counts as one (1)	4	47,638	3,970	1,985	1,833	917	22.93
		5	55,815	4,652	2,326	2,147	1,074	26.85
Effective July 1, 2019, to		6	63,992	5,333	2,667	2,462	1,231	30,78
		7	72,169	6,015	3,008	2,776	1,388	34.70
June 30, 2020		8	80,346	6,696	3,348	3,091	1,546	38.65
,	്ക് For Gross Income Guidelines for Larger Families Please Call 216-957-9421 ക							

For Information Call—216-957-WIC1 (9421)

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) <u>mail</u>: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Ave SW, Washington, DC 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

Cuyahoga County WIC Program (CCWP) || Effective March 2020 (Revised 3/5/2020)

Walk-in Hours 8:30 a.m. - 3:30 p.m.

<u>10:30 a.m. – 6 p.m. on Alternate Hours Days</u>. Please call WIC at **216-957-9421** to learn more.

WIC Program Locations in Cuyahoga County	Phone(s)	Days of Operation
Administration , Memphis-Fulton Shopping Center 5202 Memphis Ave, Cleveland 44144	216-957-9421 Fax: 957-9422	Mon / Tues / Wed / Thurs / Fri Admin only: 8 a.m. – 5 p.m.
Bedford Medical Offices, MH 19999 Rockside Rd, Bedford 44146	216-957-5180	Thurs
Broadway Health Center, MH, Broadway Shoppes 6835 Broadway Ave, Cleveland 44105	216-957-1950	Mon / Wed / Fri & 2 nd Sat of the month
Brooklyn, Memphis-Fulton Shopping Center 5202 Memphis Ave, Cleveland 44144	216-957-9832	Tues / Wed / Fri
Buckeye Health Center, MH 2816 East 116 th St, Cleveland 44120	216-957-4370	Tues / Fri
Care Alliance Health Center, Central Clinic 2916 Central Ave, Cleveland 44115	216-706-5140	Tues
Cleveland Heights Medical Center, MH 10 Severance Circle, East Entrance, Cleveland Hts 44118	216-297-2370	Mon / Tues / Thurs
East Cleveland, New Life Cathedral Church 16200 Euclid Ave, 2 nd Floor, East Cleveland 44112	216-451-3800	Wed / Fri
Euclid Shore Cultural Centre 291 East 222 nd St, Room 119, Euclid 44123	216-731-6166	Mon / Tues / Wed / Thurs / Fri
Fairview Hospital Wellness Center 3035 Wooster Rd, 2 nd Floor, Rocky River 44116	440-331-6842	Tues / Thurs
Garfield Heights Civic Center 5407 Turney Rd, Lower Level, Garfield Hts 44125	216-662-3992	Mon / Tues / Wed
Hough Health Center, NEON 8300 Hough Ave, Lower Level, Cleveland 44103	216-231-3500	Wed / Fri
J. Glen Smith Health Center* 11100 St. Clair Ave, 2 nd Floor, Cleveland 44108	216-957-5635	Tues / Thurs
Lakewood 15224 Madison Ave, Lakewood 44107	216-228-2180	Mon / Wed / Fri
Lee-Harvard , Lee-Harvard Shopping Center 4071 Lee Rd, Suite 270, Cleveland 44128	216-751-8209	Mon / Tues / Thurs
Thomas F. McCafferty Health Center* 4242 Lorain Ave, 3 rd Floor, Cleveland 44113	216-957-4921	Mon / Tues / Thurs
MetroHealth Medical Center, Women's & Children's Pavilion, 2 nd Floor 2500 MetroHealth Dr, Cleveland 44109	216-778-4932	Mon / Tues / Wed / Thurs / Fri & 2 nd Sat of the month
Parma / Snow, MH Parma Medical Center 12301 Snow Rd, East Entrance, 4 th Floor, Parma 44130	216-265-6810	Mon / Thurs
Parma / State, UH Parma Health Education Center 7300 State Rd, Parma 44134	440-886-1752	Mon / Tues / Wed / Thurs / Fri
Southeast Health Center, NEON 13301 Miles Ave, Cleveland 44105	216-751-3100 ext. 9	Mon / Wed
UH Rainbow Center for Women & Children 5805 Euclid Ave, Room 101, Cleveland 44103	216-675-6605	Mon / Wed / Thurs
Westown Physician Center, Westown Square Plaza Shopping Center 10654 Lorain Ave, Cleveland 44111	216-671-3679	Mon / Tues / Wed / Thurs / Fri

MH = MetroHealth UH = University Hospitals *MH in partnership with City of Cleveland

NEON = Northeast Ohio Neighborhood Health Services

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